

About Us

Scotty Thomson, RN, BSN, IBCLC

Scotty has over 25 years of experience in maternal-child nursing and has been a certified lactation consultant since 1998. In 2015, she reorganized the lactation services at Thomas Hospital (Fairhope, AL) and built a new program to more effectively serve breastfeeding mothers. By starting her own business, she continues to support women as they journey into motherhood. All moms deserve a more holistic approach to continued support after leaving the hospital so they can be successful in their breastfeeding journey.



Contact Us

Scotty Thomson, RN, BSN, IBCLC

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**BREASTFEEDING
MADE EASY**

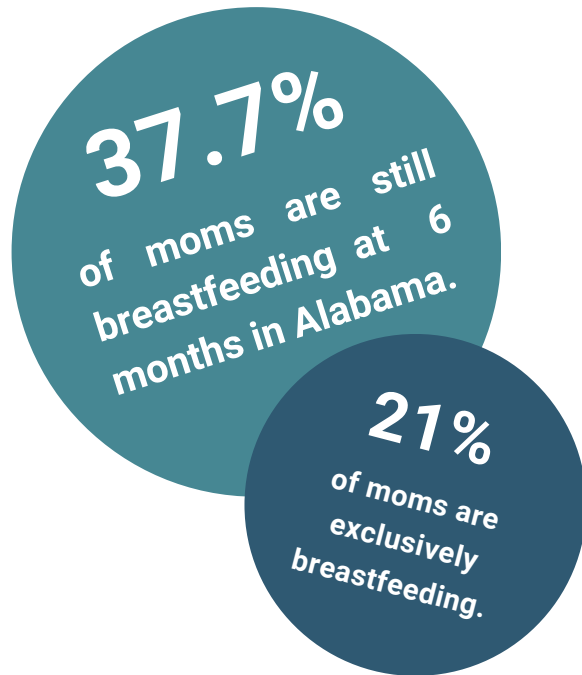


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The Mission

ONLY...



The national average of babies breastfeeding at all at 6 months is 55.8% and Alabama is at 38 %. The national average of exclusively breastfeeding through 6 months is 24.9% and Alabama is at 21%.

Despite the compelling evidence and ongoing initiatives, there is very limited support for breastfeeding moms in Southeastern Alabama.

Our mission is to address this gap, teach safe and effective breastfeeding techniques, and provide support during this vulnerable time.

The Services

Establishing a healthy pattern of breastfeeding can be challenging, and good support in the first days is vital to success. We offer the following appointments:

- Prenatal Breastfeeding
- Postpartum Breastfeeding
- Telemedicine (Video) Appointment

At your appointment you will receive customized care, to address all your breastfeeding needs.



**Make An
Appointment**

**Covered by most insurances.*

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The Clients

- "Lactation support was crucial to my success during the most vulnerable time of my life as a 1st time mother of twins. The skills I learned from Scotty and the confidence it gave me allowed me to successfully breastfeed my babies for 12 months!." - Robin
- "I prayed so hard while I was pregnant, I prayed that God would bless my breastfeeding journey and bless me with people who cared and who would help me achieve it. And you are everything I prayed for and more. Thank you for all you do." - Jaclyn
- "Having access to breastfeeding support is incredibly important for a community. When mothers are able to be successful it really raises the quality of life of the community." - Kelly
- "Scotty was the MVP of our postpartum experience. As first-time parents with a pre-term baby, we faced some breastfeeding challenges. Scotty was available around the clock and helped us achieve our goal to breastfeed successfully. We couldn't have done it without her!" -Aileen